

Article 39

Other Definitions

1. ISU Statutes

The ISU Statutes consist of the Constitution including its Procedural Provisions, General & Special Regulations, Technical Rules and the ISU Code of Ethics, the ISU Anti-Doping Rules and ISU Anti-Doping Procedures as well as all currently valid Communications.

2. Regulations

Where used in the ISU Statutes without the words “General” or “Special”, the word “Regulations” includes both the General Regulations and the Special Regulations but does not include Technical Rules.

3. Branches and Disciplines

a) The Branches of the ISU are:

- Figure Skating
- Speed Skating.

b) The Figure Skating Branch includes the following disciplines (Gender Categories indicated in parenthesis if not included in the discipline title):

i) Single & Pair Skating disciplines:

- Ladies Single Skating
- Men Single Skating
- Pair Skating (1 Lady & 1 Man);

ii) Ice Dance discipline:

- Ice Dance (1 Lady & 1 Man);

iii) Synchronized Skating discipline

Synchronized Skating (Team composed of Ladies and Men as per Special Regulations Synchronized Skating, Rule 800, paragraph 2.).

iv) Figure Skating Team event consisting of one (1) to two (2) Lady/Ladies, one (1) to two (2) Man/Men, one (1) Pair Skating Couple, one (1) Ice Dance Couple (see also Rule 300, paragraphs 1 and 2).

c) The Speed Skating Branch includes the following disciplines (Gender Categories indicated in parenthesis if not included in the discipline title):

i) Speed Skating disciplines:

- Ladies
- Men
- Team Pursuit Ladies
- Team Pursuit Men

- Mass Start Ladies
- Mass Start Men
- Relay Ladies
- Relay Men
- Relay Mixed (Ladies and Men);
- ii) Short Track Speed Skating disciplines:
 - Ladies
 - Men
 - Relay Ladies
 - Relay Men
 - Relay Mixed (Ladies and Men).

4. ISU Events

The ISU Events (with capital “E”) are those listed under Rule 100, paragraph 3. b).

5. Events

“events” (small “e”) are all other ice skating events in general (other than ISU Events), both International Competitions, Local Competitions as well as non-competitive events such as skating exhibitions, shows and tours.

6. Individual Series Events

Individual Series events are events linked together in an ISU Series as listed under Rule 100, paragraph 3.c)

7. International Competitions/Local Competitions

International Competitions are competitive events (ISU Events and other events) as listed under Rule 107, paragraph 1-11.

The Olympic Winter Games (OWG) and the Winter Youth Olympic Games (YOG) are administered by the ISU as International Competitions (see Rule 107, paragraph 2 and 3 and Rule 126).

Interclub Competitions are defined under Rule 107, paragraph 15.

8. Competitions

“competitions” (small “c”) are:

- a) A single skating competition regardless of how many segments, races or qualifying rounds (heats, quarter-finals, semi-finals, final) it consists of, provided that it leads to one final result. The Skaters competing in such competition may be competing as individuals or as members of a Team.
- b) In the Figure Skating Branch these are competitions of a discipline held during an ISU Event or other event composed of one or several segments.

- c) In the Speed Skating Branch these are competitions of a discipline over a determined distance or a series of distances composed of one race or several races (for team events, one or several qualifying rounds or heats) in Speed Skating and qualifying rounds (heats etc.) for Short Track Speed Skating.

9. Segments

Segments are the parts forming the program of a Figure Skating competition, namely for Single & Pair Skating and Synchronized Skating being the Short Program and Free Skating and for Ice Dance being the Rhythm Dance and Free Dance.

10. Distances/Races

Distances are the parts forming the program of a Speed Skating or Short Track competition. The applicable metric distances of such competitions are listed in the Special Regulations for Speed Skating and Short Track Speed Skating. For each distance the actual races are performed in accordance with the Special Regulations and Technical Rules of Speed Skating and Short Track Speed Skating.

11. Qualifying Rounds (Pre-Preliminaries, Preliminaries, Heats, Eight-Finals, Quarter-Finals, Semi-Finals) and Finals

Qualifying Rounds may consist of pre-preliminaries, preliminaries and heats that are the first instance elimination races. Depending on the number of entries, Eight-Finals, Quarter-Finals and Semi-Finals may be required to determine who will skate in the Final. The Final is the final race of the competition over the relevant distance.

12. Age Categories

Age Categories are defined in Rule 108.

13. Skater – Competitor

A Skater, whether **eligible or ineligible**, is a person participating in ISU Skating discipline events including competitions and other events (exhibitions, shows etc.).

A Competitor is a Skater (Competitors in case of Pair Skating and Ice Dance couples and teams) entering and/or competing in a competition.

II.

General Regulations

A. General

Rule 100

1. Definition

The Associations and Special Clubs hereinafter constitute the International Skating Union (herein called the "ISU").

2. Affiliated Clubs

An "affiliated Club" shall mean a Skating club affiliated with an ISU Member.

3. ISU Events

- a) The sporting activity of the ISU is conducted principally through the "ISU Events". The ISU owns all rights to the names, program format, scoring Rules, computer programs, organization, marketing, advertising, broadcasting and reproduction of the ISU Events. Through trademark registrations, licensing and marketing/advertising exploitation of these rights, the ISU ensures the continuity of these unique, worldwide ISU Events.
- b) For the avoidance of doubt, ISU Events are defined hereby to include all ISU Championships, the ISU Grand Prix of Figure Skating Final and Series (for the Series see paragraph 3.c) below), the ISU Junior Grand Prix of Figure Skating Final and Series (for the Series see paragraph 3.c) below), the ISU World Team Trophy in Figure Skating, the ISU Synchronized Skating Junior World Challenge Cup as well as any other event such as ISU shows, ISU exhibitions or other ISU International Competitions directly organized, financed and promoted by the ISU and specifically designated "ISU".
- c) Each ISU Series of International Competitions, as a linked Series, now consisting of the ISU Grand Prix of Figure Skating (senior and junior), and the ISU Speed Skating World Cup (senior and junior) and Short Track Speed Skating World Cup are also defined "ISU Events", however the domestic TV rights (see Rule 105, paragraph 1) and marketing/advertising rights for the individual events remain with the organizing ISU Member unless agreed upon otherwise through a specific agreement between the respective organizing ISU Member and the ISU.

- d) The international competitive events that are identified in Rule 107 but not included in the above categories a) through c) as well as shows, exhibitions and tours that are not included in the above categories a) through c) are organized and conducted by ISU Members (except the Olympic Winter Games and the Winter Youth Olympic Games that are organized and conducted by the IOC) as sanctioned by the ISU and are not ISU Events.

4. Rights

The ISU holds all the rights to its activities and is entitled to organize ISU Events directly, with the full cooperation of the ISU Member concerned or other appointed bodies, if the ISU Member concerned is unable or unwilling to organize an ISU Event in its own country.

Rule 101

1. Legal Effect

The changes and amendments to the General Regulations shall come into force immediately after the Congress unless otherwise decided by the Congress. However, no changes and amendments may become effective during the current Congress unless so stated in the printed Agenda.

2. Scope of Application

These Regulations govern the Figure Skating and Speed Skating Branches of the ISU and are binding to all ISU Members and affiliated clubs as far as international matters are concerned.

3. Compliance with Regulations

All International Competitions and exhibitions must be conducted strictly in accordance with the ISU Regulations in effect at the time such events are held (for exceptions see Rule 104, paragraph 11.b)).

B. Eligibility

Rule 102

1. Eligibility Status

- a) The **eligibility** Rules of the ISU are based upon the following considerations:
- i) the condition of **eligibility** is necessary to achieve the following objectives of the ISU: protection of the ethical values of Skating, integrity, health and safety as well as the good functioning of Skating and international Skating competitions;
 - ii) these **objectives** are in particular achieved by the following means:
 - guaranteeing uniform rules for Skating (subject to any novelties approved by the ISU Council) to ensure that international Skating competitions receive worldwide recognition and are regulated in a fair manner that accords with sporting principles;
 - enforcement of the ethical values of Skating and the ISU Code of Ethics which, in particular: (i) protect Skating from sports betting activities and other conduct giving rise to a risk of manipulation of international Skating competitions; (ii) prevent sexual exploitation of Skaters; (iii) protect honesty of Officials and events on the ISU Calendar (iv) prohibit corrupt activities with respect to the ISU; and (v) prevent conflicts of interest;
 - enforcement of Anti-Doping rules and specific rules that protect the health and safety of the Skaters;
 - organization of the International Skating Calendar during the competitive season (i.e. 1 August - 30 April) to prevent or limit clashes between competitions so that Skaters, Officials and other Skating participants as well as spectators can participate in as many Skating events as possible; and
 - the support of the voluntary structures of Skating and the development of Skating at all levels through the implementation of development and solidarity programs.
- b) As the ISU is only able to adequately protect and enforce these objectives in events which have been sanctioned by the ISU, it is indispensable to the attainment of these objectives that an **eligible** person is one who elects to take part only in International Competitions which are:
- i) sanctioned by the ISU, if the type of event falls under the jurisdiction of the ISU based on Article 3 of the ISU Constitution;

- ii) conducted by ISU recognized and approved Officials, including Referees, Technical Controllers, Technical Specialists, Judges, Starters, Competitors Stewards and other Officials approved by the ISU; and
 - iii) conducted under ISU Regulations (subject to any novelties approved by the ISU Council thus exempting them from the otherwise applicable ISU Rule).
- c) Participation of Skaters and Officials in national competitions and in non-competitive events, e.g. appearances, endorsements, exhibitions, shows and other events with a recreational or show type character are subject to respective rules and conditions of their ISU Members only. Such rules and conditions are not part of the ISU **eligibility** rules under this Rule 102. However, ISU Members may not unduly restrict their Skaters to participate in non-competitive events. They may share payments received by their Skaters for participation in such non-competitive events in consideration of past and present support of such Skaters, but with no more than 10%.
- ISU Members shall monitor their Skaters to ensure that they do not participate in competitions that would render them **ineligible**.

2. Definition of **ineligible Person**

A person becomes **ineligible** to participate in ISU activities and competitions by skating or officiating in an International Competition not sanctioned by the ISU in any of the ISU sport disciplines or otherwise violating this Rule 102, if **ineligibility** is imposed by the Council according to this Rule 102 paragraph 7 below.

3. Participation of **Eligible Persons**

Only **eligible** persons, including Skaters, are permitted to take part in ISU Events, the ISU Congress, the Olympic Winter Games, the Winter Youth Olympic Games and other International Competitions unless another Rule explicitly provides otherwise (See paragraph 4 below and Rule 121, paragraph 3.a).

Eligible persons may take part in exhibitions and shows (including other events with a recreational and/or show type character) which may include **ineligible** Skaters in accordance with the conditions established by the ISU Member of the participating Skater, **Eligible** persons may participate in ISU approved Open International Competitions that include invited **ineligible** Skaters as approved by the Council.

Further, **eligible** persons may participate in competitions which are open for a specific, clearly defined group of participants only such as e.g. Adult or Impaired Skaters, upon prior written approval of the respective competitions by the Council.

ISU Members shall have the obligation to inform the ISU immediately in case that a Skater or Official, who has taken part in international activities as an **eligible** person, engages in activities which could render them **ineligible**.

4. Restricted Eligibility

Eligibility rights are restricted as follows:

- a) A person (although not otherwise **ineligible** under other provisions of this Rule) who receives remuneration from ownership or management of an ice show or skating exhibition tour may not be a Referee, Assistant Referee, Technical Controller, Technical Specialist, Competitors Steward, Judge, OAC member or Starter in ISU Events, the Olympic Winter Games, the Winter Youth Olympic Games or any other International Competitions sanctioned by an ISU Member or the ISU, and such persons may not be a member of the ISU Council, a Technical Committee or the Disciplinary Commission or a delegate to an ISU Congress.
- b) **Paid employees** of ISU Members and their affiliated clubs, and remunerated Coaches, may not be a Referee, Assistant Referee, Technical Controller, Judge, OAC member, Starter or Competitors Steward in ISU Events or any other International Competitions sanctioned by an ISU Member or the ISU, and such persons may not be a member of the Council, an elected member of a Technical Committee or the Disciplinary Commission. However, such persons may attend ISU Congresses subject to Article 30, the Procedural Provision of the Constitution, Part A., paragraph 13, but without the right to vote. Such persons may also act as Technical Specialist, Data & Replay Operator in ISU sanctioned competitions.
For the purpose of this Rule, a paid employee is defined as a person working an average of more than 25 remunerated hours per week for an ISU Member or affiliated club, regardless of the legal nature of the respective contractual relationships.
- c) A person may not serve as an appointed member of the Technical Committee or as a leader of an ISU seminar or course if such person participated after July 1, 1998 as an official in the administration of events defined in Rule 102, paragraph 2.
- d) **Ineligible** Skaters may serve as Technical Specialists, Data & Replay Operators.

5. Payments

Payments may be made either by the ISU Member concerned or the ISU, as applicable, to Competitors, Referees, Assistant Referees, Technical Controllers, Technical Specialists, Judges, Data & Replay Operators, Starters or Competitors Stewards in all events listed in Rule 107 and members of the ISU Council, Technical Committees, the Disciplinary Commission and Advisors or other persons serving the ISU in other capacities in connection with the preparation for or participation in ISU activities or International Competitions. If payments are made, the ISU must be informed in writing within a two month period as to the amounts paid.

6. Trademarks

- a) In all ISU Figure Skating Championships, ISU Events, and all other Figure Skating competitions organized under the jurisdiction of the ISU, Competitors, team officials, Coaches and service personnel may display on their persons and their clothing their own name and the name and/or logo of their ISU Members and/or official ISU Member country abbreviation and/or official ISU Member country name with letters of maximum 15 cm high. In addition they may display on their person and their clothing not more than four (4) advertising markings, trademarks, logos or other distinguishing signs (hereafter called "markings"), provided they are dignified and with a maximum of sixty (60) square centimeters each and do not refer to tobacco or alcohol while being off the ice including in the "kiss and cry" area, the television interview area, during the official warm-up before the competitive performance and during practice sessions. One marking of the clothing supplier may also be displayed, not larger than thirty (30) square centimeters. No markings are permitted on boots or blades, except for the boot manufacturer's name on the boot heel not larger than ten (10) square cm and one (1) engraved identification of the manufacturer not larger than twenty (20) square centimeters on each blade and each blade guard. Markings may be measured by the Officials for compliance while being worn. During the competitive performance, the exhibition at the end of an event and for the medal award ceremony no markings on Skaters costumes are allowed, but only the above-referenced markings on boots and blades. Skater's costumes may, however, carry the Skater's and his ISU Member's name and/or logo and/or official ISU Member abbreviation. In other off-ice areas additional markings with no limitation in size are allowed. However, such additional markings must be authorized by the respective ISU Member.
- b) In all ISU Championships and all other competitions in Speed Skating or Short Track Speed Skating organized under the jurisdiction of the ISU, team officials, Coaches, service personnel and Competitors of the same national team (entered by the same ISU Member) must wear identical uniforms while within the premises of the arena or ice track during the whole period of the Championships or competition including official practice sessions, which clearly identify their country, with a design, as prescribed by the ISU Members which enter the Skaters for competition. The ISU Members have the obligation to submit the design of the team uniform (skin suit, warming up jacket and zipper trousers, podium and team personnel jacket) to the ISU.

The team officials, Coaches, service personnel and Skaters may display on their clothing and on technical equipment their own name and the name and/or logo of their ISU Member and/or official ISU Member country abbreviation (as per paragraph (vii) below). In addition, they may display on their person and their clothing, advertising markings, trademarks, logos or other distinguishing signs (hereafter called “markings”) that do not refer to tobacco and alcohol in the competition area, in the television interview area and during the award ceremonies, in accordance with the following:

- i) The table below shows the allowed total maximum size of all markings (excluding manufacturer trademarks) and the maximum number and sizes per marking. All markings shall be dignified.

<u>Item</u>	<u>Total maximum Size</u>	<u>Maximum size per marking</u>	<u>Number of markings</u>
<u>Competition Speed Skating skin suit</u> <u>(is considered as consisting of two pieces: one piece upper body (including cap) and one piece lower body)</u>			
<u>Cap</u>	<u>650 cm²</u>	<u>30 cm²</u>	<u>6</u>
<u>Upper body (above the waist including arms)</u>		<u>45 cm²</u>	
<u>Lower body (below the waist)</u>		<u>250 cm²</u>	<u>2</u>
<u>Competition Short Track skin suit and warming up suit</u> <u>(are considered as consisting of two pieces: one piece upper body (excluding cap) and one piece lower body)</u>			
<u>Upper body or/and jacket (above the waist including arms and headgear)</u>	<u>650 cm²</u>	<u>45 cm²</u>	<u>6</u>
<u>Lower body or/and trouser (below the waist)</u>		<u>250 cm²</u>	<u>2</u>

- ii) Manufacturer’s trademarks as stated below are allowed on the technical equipment such as skates/boots, glasses, gloves, shin guards, headgear, neck and ankle protectors, blade guards and on clothing. Skates are considered as consisting of 6 pieces, namely 2 boots and 2 blades and 2 constructions for connecting the blades to the boots. The manufacturer’s trademarks shall reflect standard commercial practices.

The table below shows the allowed maximum sizes and number of manufacturer's trademarks.

<u>Item</u>	<u>Total maximum size</u>	<u>Max. size per marking</u>	<u>Number of markings</u>
<u>Skates</u>			
<u>Pair of boots</u>	<u>40 cm²</u>	<u>20 cm²</u>	<u>2 (1 on each boot)</u>
<u>Pair of blades</u>	<u>40 cm²</u>	<u>20 cm²</u>	<u>2 (1 on each blade)</u>
<u>Pair of connecting constructions</u>	<u>12 cm²</u>	<u>6 cm²</u>	<u>2 (engraved) (1 on each construction)</u>
<u>Competition Speed Skating skin suit</u>			
<u>Upper body (incl. cap)</u>	<u>60 cm²</u>	<u>30 cm²</u>	<u>1</u>
<u>Lower body</u>		<u>30 cm²</u>	<u>1</u>
<u>Competition Short Track skin suit and warming up suit</u>			
<u>Upper body</u>	<u>60 cm²</u>	<u>30 cm²</u>	<u>1</u>
<u>Lower body or trousers</u>		<u>30 cm²</u>	<u>1</u>
<u>Sport and Technical equipment</u>			
<u>Headgear</u>	<u>16 cm²</u>	<u>8 cm²</u>	<u>2</u>
<u>Glasses</u>	<u>16 cm²</u>	<u>8 cm²</u>	<u>2</u>
<u>Pair of Gloves</u>	<u>16 cm²</u>	<u>8 cm²</u>	<u>2 (1 on each glove)</u>
<u>Neck protector</u>	<u>20 cm²</u>	<u>20 cm²</u>	<u>1</u>
<u>Ankle protector</u>	<u>20 cm²</u>	<u>20 cm²</u>	<u>1</u>
<u>Blade guards</u>	<u>20 cm²</u>	<u>20 cm²</u>	<u>1</u>

Instead of a trademark, the Skater's own name may be engraved or embroidered on any piece of equipment, with the same size restrictions as for trademarks.

- iii) In general, up to two (2) manufacturer trademarks (maximum of twenty (20) cm² per manufacturer trademark) are allowed on helmets. No manufacturer trademarks are allowed on armbands and helmet covers.
- iv) In ISU Events, the Olympic Winter Games and Winter Youth Olympic Games one additional marking in the total maximum size of forty (40) cm² on the front part of helmets is allowed and reserved for use by the ISU. Armbands and helmet covers fall in the exclusive domain of the ISU.

For other International Competitions up to two additional markings may be authorized by the organizing ISU Member in the total maximum size of forty (40) cm² on the helmet, as far as not used by the Skater for displaying his name. Armbands and helmet covers fall in the exclusive domain of the Organizer.

- v) The determination of the design, without any commercial images or registered trademarks, and markings on the clothing of Competitors and team officials, Coaches and service personnel of the same national team, is the sole right and responsibility of the national associations as ISU Members to ensure compliance with this Rule. It is recommended that the ISU Members consider providing the use of markings to the athletes or personnel;
- vi) Markings may be measured by the Officials for compliance while being worn;
- vii) The racing and warm-up suits of the Skaters must display the name of the country or its official ISU abbreviation (letters of minimum 5 cm and maximum 15 cm high). In Speed Skating the country name or abbreviation shall be placed on the back of the upper body. In Short Track Speed Skating the country abbreviation shall be placed on the external part of both lower legs, the size of the characters not to be smaller than 7 cm high and the letters shall be placed vertically from knee to ankle.

7. Loss of Eligibility

- a) The consequence of a breach of the **eligibility** Rules may result in a loss of eligibility. The status of a person disqualified or suspended under other applicable Rules, does not affect the **eligible** status of such person, but it limits, according to the terms of the applicable disciplinary sanction, the right of such person to participate in the competitions and activities of the ISU.
- b) The ISU Council may rule upon an alleged breach of the **eligibility** Rules, whether or not any protest has been made against an individual's **eligible status** in Skating.
- c) The ruling is made by the Council having regard to the written and/or oral evidence submitted pursuant to the following procedure:
 - The ISU shall send a notice in writing to the person concerned of the allegations and reasons why the ISU considers there to have been a breach of the **eligibility** Rules, having regard in particular to the legitimate objectives protected by those rules. The notice shall be served by registered mail.

- The person concerned shall have the right to respond in writing to the notice within one (1) month of confirmation of receipt by the person concerned (extendable upon reasoned request by one (1) month).
 - If the ISU considers there to be sufficient grounds to maintain its allegations, it shall reply to the Response within one (1) month.
 - The person concerned shall have the right to submit a rejoinder to the Reply in writing within one (1) month. The person concerned may also request an oral hearing.
 - The oral hearing shall be held before the Council or by the ISU President and Director General acting on the Council's delegation.
- In cases that the Council considers to give rise to serious concerns for the objectives protected by the eligibility Rules, the ISU Council has the right to impose interim measures of ineligibility when submitting a Notice to the person concerned. Any such decision shall be immediately reviewable by the Court of Arbitration for Sport in accordance with its expedited procedures.

d) Violations of Paragraph 2 of this Rule 102 are subject to sanctions imposed by the ISU Council which may issue a warning or impose ineligibility for a determined period of time.

The ISU Council shall determine the applicable sanction in accordance with the principle of proportionality and in consideration of all relevant circumstances of each individual case, especially the degree of fault of the offender, his previous record and the seriousness of the violation with regard to the objectives of the ISU eligibility Rules as set out and applied in accordance with Rule 102, paragraph 1. In its determination of the sanction, the Council shall also take into account the features and purpose of the non-sanctioned event.

Within this framework, the ISU Council shall, depending on the severity of the violation and considering the legitimate interests of the persons concerned:

As to a Skater

- i) issue a "no fault" finding for a first time breach where the Skater participated in an event that would clearly have been sanctioned by the ISU but for administrative error by the organizer of the unsanctioned event or a "warning" for a first time breach where the Skater was reasonably aware that the event was not sanctioned (and there is no suggestion of an administrative error by the organizer) but has demonstrated that the event otherwise adhered to the objectives of the ISU protected by the eligibility Rules;
- ii) impose a warning or period of ineligibility for up to one (1) year for a first time participation at a non-sanctioned event where clearly the event would not have been sanctioned;

- iii) impose a warning or period of **ineligibility** for up to two (2) years for any further participation at a non-sanctioned event, where clearly the event would not have been sanctioned.

As to an Official

- i) Issue a warning in case of a minor violation, which includes first-time participation in a non-sanctioned event which would **otherwise have been sanctioned**;
- ii) Impose a period of **ineligibility** for up to one (1) year for a first-time participation at a non-sanctioned event where clearly the event **would not have been sanctioned**;
- iii) Impose a period of **ineligibility** for up to two (2) years for any **further participation at a non-sanctioned event** which would otherwise have been sanctioned;
- iv) Impose a period of **ineligibility** for up to two (2) years for a **second-time participation** at a non-sanctioned event where clearly the event would not have been sanctioned;
- v) Impose a period of **ineligibility** for up to **fifteen (15) years** for any **further participation at a non-sanctioned** event where clearly the event would not have been sanctioned.

8. Unforeseen Matters

Matters concerning **eligibility** not otherwise foreseen in the ISU Rules shall be considered by the ISU Member concerned in a manner consistent with the spirit and intent of the ISU Rules.

Rule 103

1. Duration of Ineligibility Status

An Official who is or has been **ineligible**, in accordance with the provisions of Rule 102, may thereafter not be a Referee, Assistant Referee, Technical Controller, Judge, OAC member, Starter or Competitors Steward in ISU Championships, the Olympic Winter Games, the Winter Youth Olympic Games or International Competitions, or a member of the Council, a Technical Committee, the Disciplinary Commission or a delegate to an ISU Congress, unless he has been reinstated as an **eligible** person by the Council.

2. Reinstatement as an Eligible Person

A person who is or has been **ineligible** may apply for reinstatement once he has served half of the period of **ineligibility** determined.

3. Requests for Reinstatement

Requests for reinstatement as an eligible person by the Council shall be made:

- a) By the relevant person or by ISU Members on behalf of the relevant person (such request not to be unreasonably withheld).
- b) Only once for the same person per sanction.
- c) Only by submitting the completed official ISU form, including all pertinent information.

4. Decisions on Reinstatement Requests

The ISU Council, in approving a reinstatement request, may make such reinstatement effective immediately or after such waiting period as it sees fit, depending upon the circumstances.

5. Reinstatement for National Activities

Reinstatements of **ineligible** persons for all national activities may be made as desired by the ISU Member concerned.